



BGSJ Ladies Introductory Pistol Training Class with Laser Simulator



For the ladies of the Blue Grass Sportsmen's League who want an affordable and laid-back yet comprehensive introduction to handguns, BGSJ Pistol Instructor [Natalie Bohon](#) invites you to attend a women's only basic pistol class which covers all of the skills needed to successfully begin shooting without using live ammunition. In addition to learning the fundamentals of pistol shooting, you will have the opportunity to practice these skills using a SIRT (Shot Indicating

Resetting Trigger) Gun paired with laser simulating software.

You will earn **two** NRA certificates once you have completed this series of classes.

- NRA New Shooter Seminar (1 hour)
- Pistol Marksmanship Simulator Course (2hour)

The cost of the combined 3 hour class is \$40 for BGSJ members and \$50 for non-members. Both the NRA New Shooter Seminar and the Pistol Marksmanship Simulator Course are included. There will be a break for tea and coffee with snacks approximately halfway through the three hours.

Spaces are limited, so reserve your spot soon. You can sign up for the class at this link:

<https://bgslinc.com/natalie-bohon/bgsl-ladies-class-signup/>

or by contacting Natalie directly via one of the ways listed on her [Profile Page](#).

What is covered in this class

Pistol knowledge and Safe gun handling

- Revolver vs Semi-Automatic
- Identify different components of pistol and their function.
- Safe handling of each

Ammunition Knowledge

- Identify different types of ammo
- Firing sequence of a cartridge
- Failures /malfunctions to expect on range

Basic Shooting Fundamentals

- Dominant eye
- Proper stance
- Proper grip
- How to aim
- Sight alignment
- Sight picture
- Trigger control
- Range Safety Rules
- What you will need on the range

Selecting a Pistol

Caring for a pistol

Trigger Time

- Using SIRT gun and LASRX software
- Laser cartridges in Glock 19

Laser Class Video

Click the picture to watch Natalie's YouTube video about the laser simulators used for this class.

